

Mum in Business

Live life...  to the full!

Create The Future You Want

You have to believe in yourself when no one else does.

That's what makes you a winner.

VENUS WILLIAMS

OK, it is up to you.

You are the creator of your future. What do you want? What do you want, really? I give you permission to think as big or small as you want. You do not have to want to conquer the world or... you can want that too.

It is up to you.

What will make you happy?

What will give you the life you want? Let's start with your primary aim in life. What is your big purpose?

Take some time to write this down.

At age 80, what would I have wanted to do with my life? Be Specific. Dream BIG! What would your dream look like if you used your full capacity?

Now, spend a little time thinking through what one perfect day in your amazingly wonderful life will look like. Write it down – How it starts and what the day includes with all the little details, what your home looks like, the people you would see, everything

What difference will this make to you and your family? What will you be able to do then that you cannot do now?

Let's go back to the success cycle and take each area of life one by one. Where do you want to be in each of them?

Where do I want to be in the following areas of my life? So answer these questions thinking 5 years in the future.

Health – How much do I weigh? How fit do I feel? What am I doing each day to maintain my health?

Money – How much do I have? If I stopped working right now, how long would my family and I last? How excited am I about my money? Do I make passive income?

Power – Where have I given up my personal power? If in doubt, read this <http://mum-in-business.com/where-are-you-giving-up-your-power/>

Rest/ Recreation – How much time do I spend doing things that revive me. Things I do simply for the joy of it. Am I well rested?

**Family - Does my partner, my children realize that they are my first priority?
Is my relationship with my extended family positioned correctly?**

Am I with someone who appreciates and values me?

Spirituality – Do I feel at peace with God? Am I feeling peaceful inside?

Friendship – How much time do I spend with Friends? How do I feel when I see them?

Work/ Business – What is my business? How do I serve the world through my business? How fulfilled does it make me each day?

So considering all the above, where do you want to work on first?
